



Sedgeberrow



Hampton – Fairfield – Thistledown  
Eastwick Park – Charity Crescent



Hinton on the Green

# THE HERALD



# CHURCH WORSHIP RE-START

We have decided to re-start Public Worship on Palm Sunday, 28 March.

The procedure in Church will be the same as we have become used to with social distancing and use of masks etc. Communion will be in one kind (only the wafer).

I think we can have confidence that this has worked well. Please refrain from gathering in groups before and after the Service. The day will come when we can mingle together and enjoy refreshments. But for the moment there is a little way to go. For those of us who have received our first Vaccine jabs this is a big step towards a return to normal life and gives hope for the future. We are in great appreciation of the NHS for the speed of the Vaccine rollout. At each stage of the government's lockdown exit strategy we will review what can be safely changed.

Holy Week will be more minimal in the range of Services offered. There will be Holy Communion on Tuesday 10am at Bengeworth, Wednesday 10am at Hampton, Maundy Thursday 7pm at All Saints. On Good Friday there will be no procession of witness through the town. In the afternoon there will Services at 2pm at Bengeworth, Hampton and Sedgeberrow. There will be a Service on the Saturday 4pm at Hampton for children. Easter Day will follow the normal rota pattern.

If you feel unable to return to Church at the present time then please contact the Benefice Office for Palm Crosses and Communion Wafers. We would like to keep in touch. Caryl is there on Tuesday, Thursday and Friday each week. Fairfield Church will continue their Services online until September.

As we re-start our Worship we pray that we may all seek the renewal of our Church as we ponder the pandemic and the effect it has had on our lives. We enter Holy Week knowing that our Lord understands suffering and despair. The Cross is a symbol of love and hope for our World that He is with us whenever we gather together. May you know the presence of the risen Lord.

**Mark Binney**

**Rector**

## On-line Services



**The Fairfield Team** is

continuing to broadcast 8am

Morning Prayer and 9pm

Compline each day from Monday to Friday.

They are also preparing an **11am Community**

**Worship Service on Sundays** which can be accessed

by Zoom. Daily and Sunday services can all be

accessed via the Fairfield Church Facebook page.



# Hampton Community



If you are self-isolating and need help, please ring this number to contact a team of volunteers who are willing to help

Vicar and Rector	The Revd Mark Binney (01386) 424235 <a href="mailto:mark@hamptonchurch.org.uk">mark@hamptonchurch.org.uk</a> The Vicarage, Pershore Road, Evesham WR11 2PQ
Honorary Assistant Priests	The Revd Leonard Burn (01386) 881160 The Revd Patrick Wooster Tel: (01386) 45907 The Revd Nick Wright Tel: (01386) 443310
Licensed Lay Ministers (Readers)	John Lynch (01386) 553392 Elaine Major (01386) 40722
Parish Administrator Tuesday , Thursday & Friday 9.15am – 1.15pm Monday & Wednesday, closed	Caryl Mills, The Parish Office, The Vicarage, 54A Pershore Road, Evesham WR11 2PQ (01386) 446381 email: <a href="mailto:asumsouth.office@hamptonchurch.org.uk">asumsouth.office@hamptonchurch.org.uk</a>
Church Wardens	
St Andrew's, Hampton	Carolyn Jenkins (01386) 442124 Margaret Thomson (01386) 47541
St Mary the Virgin, Sedgeberrow	Ann Banks (01386) 881623 Roger Horton (01386) 881307
St Peter's, Hinton-on-the-Green	Lisa James 07866654923 Andrew Simpson (01386) 710175 & 07896750017 <a href="mailto:asimpson@larcharisaig.com">asimpson@larcharisaig.com</a>

## Stopping the Spread of Covid

Here is an easy resolution for the New Year: open your windows at home for 'short sharp bursts' of 10 to 15 minutes at a time, several times a day.

The government's public information campaign says that regular fresh air can cut the risk of Covid transmission by more than 70 per cent.

So, either leave a window open a small amount continuously, or open it fully on a regular basis throughout the day, especially if anyone has come to visit you in your home. Coronavirus is spread through the air by droplets and smaller particles known as aerosols. They can hang in the air for hours and they build up over time.





## Letter from the Bishop of Dudley, Martin Gorick

### Finding Hope in Difficult Times

I don't know about you but for me, Lockdown Three has been particularly hard. The days have been short, the weather cold and the news very depressing as the virus spread so rapidly once again. Passing that awful milestone of 100,000 Covid deaths was a sobering moment and the pressure on health and care staff, on clergy and families has been immense. As a country we have endured more deaths per head of population than any other nation so far. Every community in the Diocese has been affected, with the loss from Covid particularly acute in some communities, notably where poverty and overcrowding is worse. As we look to build back better over the coming twelve months, as a nation we must address issues of inequality and injustice that have been highlighted so starkly during this time. Two of our diocesan priorities as Kingdom People are to transform communities and to share hope - we will all need to play our part in building a fairer and better world.

There is some hopeful news. The vaccine roll out is wonderful, and every day I hear from people delighted to have had 'the jab'. Days are lengthening, the sun is growing stronger and there are the first glimmers of hope that the cycle of



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ushing lockdowns will come to an end. I'm reminded of verses from the well-known Psalm 121.

I lift up my eyes to the hills;  
from where is my help to come?  
My help comes from the Lord,  
the maker of heaven and earth.  
He will not suffer your foot to  
stumble;  
he who watches over you will not  
sleep.

Many people have found solace and comfort in the natural world. 'Lifting up eyes to the hills' perhaps, but perhaps just treasuring a tree outside a window, or the changing sky from day to day. My daughter has been locked down in central London. She has discovered a love of birds, putting out crumbs each day outside her London basement flat and watching blue tits and robins come to pick them up. Nature reminds us that whatever our current problems, we are part of something bigger. Part of God's world, God's creation. Ultimately our help and our hope come from the Lord, 'the maker of heaven and earth.' And 'he who watches over you will not sleep.'

## A Prayer for during the Pandemic

Gracious God  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work  
many will be restored to health,  
through Jesus Christ our Lord.

**Amen**



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### **For all those who are sick, in special need or house- bound:**

Mark Bartlett; Heather Attwood; Sylvia Emson; Tom Evans and Caroline Rusher

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### **For those who have died, and all who mourn them:**

Kathleen Loudon, Julie King, Dennis Nicholls, Simon Coombs, David Knuckley, Janet Burtenshaw, Kathleen Rea and David Wyld

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## Appointment to the Benefice Team



The Bishop of Worcester is pleased to announce the appointment of The Revd Andy Smith as Curate-in-Charge of the Parish of Bengeworth St Peter.

Andy is currently Assistant Curate at All Saints, Worcester, a Resourcing Church in this Diocese.

He is married to Debbie, and they have two young daughters, Phoebe and Verity.

Part of the role of resourcing churches is to release clergy and laity to revitalise other churches for mission and this will be the first 'renewal project' from All Saints, Worcester.

Bengeworth PCC welcomes this opportunity to develop and grow in partnership with All Saints, Worcester. A date for Andy's Licensing and the launch of the renewal project will be confirmed shortly.

Please remember Andy, Debbie and their daughters in your prayers as they prepare to move.

## The good news about your forgetfulness

You know the scenario – you go into the lounge, and then wonder what you wanted. Or you need to make a phone call but can't find the phone. You go to the cash point and forget your pin number. Or your car keys are lost in the kitchen, but even when you find them and go shopping, you forget stuff on the list.

If at times you find yourself living in an annoying brain-fog, the good news is that it is not because you are ill or getting old. To varying extents, everyone does it.

A recent study at the University of Edinburgh has found that forgetfulness is as common in people in their 20s as it is in people in their 50s. Although some of the people in the study were worried about getting dementia, a neuropsychiatrist at the university reassured them: "People think that if you are starting to forget things – something like misplacing your keys – that is something to worry about. But it is normal."

Good reasons for forgetting things range from the fact that too much was happening in your life at the time, you were stressed about something, not paying attention to what you were doing, or just too busy thinking about something else entirely.

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## Church Electoral Roll - Hampton

Due to Covid, the Annual Meeting at Hampton is later than usual, on Sunday 16 May, and the revision of the roll will commence on 28 March. If church services start again in March then forms for those who are not already on the roll will be available in church, and should be returned to the Michael Hunter, the Churchwardens or to the Benefice Office by 18th April. If services don't restart then we will make alternative arrangements for updating the roll. Those who were on the roll last year don't need to re-apply.

The new roll will be published on 25 April.

**Michael Hunter**

**Church Electoral Roll Officer**

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The Herald is published monthly on the last Sunday of the month prior to the publication date.

Items for inclusion should be received by 5th of the month prior to the publication date or by special agreement.

Articles are submitted on the understanding that they may be edited to fit the available space.

**Articles can be submitted by email to: [editor@hamptonchurch.org.uk](mailto:editor@hamptonchurch.org.uk)**

or sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ  
Large Print editions of the magazine are available on request.

# EASTER, THE MOST JOYFUL DAY OF THE YEAR

Easter is the most joyful day of the year for Christians. Christ has died for our sins. We are forgiven. Christ has risen! We are redeemed! We can look forward to an eternity in His joy! Hallelujah!

The Good News of Jesus Christ is a message so simple that you can explain it to someone in a few minutes. It is so profound that for the rest of their lives they will still be 'growing' in their Christian walk with God.

Why does the date move around so much? Because the date of Passover moves around, and according to the biblical account, Easter is tied to the Passover. Passover celebrates the Israelites' exodus from Egypt, and it lasts for seven days, from the middle of the Hebrew month of Nisan, which equates to late March or early April.

Sir Isaac Newton was one of the first to use the Hebrew lunar calendar to come up with firm dates for the first Good Friday: Friday 7 April 30 AD or Friday 3 April, 33 AD with Easter Day falling two days later. Modern scholars continue to think these two Fridays to be the most likely.

Most people will tell you that Easter falls on the first Sunday after the first full moon after the Spring Equinox, which is broadly true. But the precise calculations are complicated and involve something called an 'ecclesiastical full moon', which is not the same as the moon in the sky. The earliest possible date for Easter in the West is 22 March, which last fell in 1818. The latest is 25 April, which last happened in 1943.

Why the name, 'Easter'? In almost every European language, the festival's name comes from 'Pesach', the Hebrew word for Passover. The Germanic word 'Easter', however, seems to come from *Eostre*, a Saxon fertility goddess mentioned by the Venerable Bede. He thought that the Saxons worshipped her in 'Eostur month,' but may have confused her with the classical dawn goddesses like *Eos* and *Aurora*, whose names mean 'shining in the east'. So, Easter might have meant simply 'beginning month' – a good time for starting up again after a long winter.

Finally, why Easter eggs? On one hand, they are an ancient symbol of birth in most European cultures. On the other hand, hens start laying regularly again each Spring. Since eggs were forbidden during Lent, it's easy to see how decorating and eating them became a practical way to celebrate Easter.



## **A Day in my Life during Lockdown!**

Good Morning! My alarm is going off at 6.55am, just in time for me to get in the bathroom and listen to the news as I'm getting washed and dressed. I arrive downstairs and kickstart my body with 15 minutes of Joe Wicks workout for seniors, before I don my mask and gloves on my way to collect the daily paper, nodding to the dog walkers on the way.

After consuming a healthy breakfast, I get suitably dressed for a cycle ride, meeting the one other person, as allowed, at my front gate, from where we set off on today's exercise ride of 20 miles, through the lovely back roads and lanes in the Vale of Evesham.

On return two and a half hours later, and after a refreshing shower, it's time for lunch. My afternoon will be gardening related outside, or if wet, in the Potting Shed, there's always more to do! Then come 4pm, it's time to bring afternoon tea to "her indoors" and watch Pointless or something similar!

I've been learning to cook during lockdown and have progressed from boiling an egg to the full Sunday Roast for our "bubble of three"! So today, I shall prepare my new favourite meal, which is Chicken Noodles, for dinner at 6pm. Then it's upstairs for my Zoom meeting between 7 and 8pm. Then I'll be watching one of my recorded TV programmes, as I'm seldom available to watch them live. Come the Ten O'clock News, and that's my signal for bed (as there's never any good news). When in bed I'll read the same page of my book as I did last night before the book falls on my face AGAIN!! Goodnight.

The things I've liked best about Lockdown are learning new skills, like cooking and Zooming with the Grandchildren, who like to put on a show for us, i.e. playing their Ukulele's and dancing etc.

***By Anonymous***

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### **Would YOU like to contribute to this Magazine and share your thoughts with other readers?**

Would you like to send in 100 words, on 'A day in my life under lockdown'? – describing how you are spending your time at home, and what you actually like about it?

**Alternatively** send in 100 words on 'The three things I most want to do when coronavirus is over.'

Email to [editor@hamptonchurch.org.uk](mailto:editor@hamptonchurch.org.uk) or send to the Parish Office.

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## St George's Day

The film *How to Train your Dragon* is set in a Viking village under attack by dragons, who steal livestock and burn down houses. Hiccup, the village Chief's son, invents a machine to capture them. However, when he catches the most dangerous one, Night Fury, he cannot kill it. This is because when he looks into the dragon's eyes, he sees that he is just as frightened as himself. Through their friendship, the people and dragons eventually come to live in harmony.

It's appropriate to think about dragons this month, when we remember St. George, England's patron saint, famed for slaying a dragon. Whether he actually killed a dragon is open to question! We do know that the original George was a Roman soldier at the time of Emperor Diocletian. He refused to renounce his faith, as commanded by the Emperor, resulting in his death on 23 April 303 AD.

So, we have here St George who slayed a dragon, while Hiccup refused to kill one. They seem like opposites: one a brave soldier and the other a weak boy! However, both acted according to their conscience, going against what people expected and not worrying about the cost to themselves. St George was martyred for standing up for his faith in Jesus, while Hiccup risked rejection by his father and village because of his compassion.

Today, we are still called to stand for Christ against wrongs and injustice in a daily life, despite the personal cost. We need to look into the eyes of apparent enemies and meet their hostility with love and compassion. And for all of us the most important place where we need to slay evil is in our own hearts. Don't forget that we have the power of the Resurrection at our disposal!

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## Sudoku Solutions (from p16)

### Easy Sudoku

6	5	7	4	8	9	2	1	3
3	8	2	7	1	5	9	4	6
1	4	9	2	3	6	5	7	8
7	6	5	1	2	8	4	3	9
4	1	3	9	5	7	6	8	2
2	9	8	6	4	3	1	5	7
5	7	6	3	9	1	8	2	4
9	2	1	8	7	4	3	6	5
8	3	4	5	6	2	7	9	1

### Medium Sudoku

9	6	4	1	5	7	2	3	8
3	7	1	2	8	6	4	5	9
2	8	5	3	9	4	1	7	6
1	5	8	4	6	2	3	9	7
4	9	3	8	7	1	5	6	2
6	2	7	5	3	9	8	1	4
8	3	6	9	2	5	7	4	1
5	1	9	7	4	8	6	2	3
7	4	2	6	1	3	9	8	5

# One Hundred Years of the PCC

It's a hundred years since parish churches gained the power to run their own affairs, separately from what we now regard as local government.

The religious affairs of a parish, as well as its secular business had been controlled by a single committee, which met in the church and was known as the 'Vestry'. Then, in 1894, Parish Councils were formed to deal with secular matters; the Vestry continued to oversee church affairs until 1921, when Parochial Church Councils (PCC) were established. People still get confused by the two.

Churchwardens have been around since the 13th Century and legally 'own' the movable contents of the church. They are meant to maintain order in the church and churchyard, with the assistance of their staves, if necessary. In the event of serious disorder today, a mobile phone might be a safer instrument, with staves reserved for ceremonial occasions! Churchwardens are now chosen by parishioners, though the Incumbent (i.e. Vicar or Rector) has a limited right of veto. Today, anyone on the Electoral Roll of the church (sorry, this is another confusion, for the secular Electoral Roll is entirely separate) can attend the Annual Parochial Church Meeting, which elects the PCC. The Incumbent is an ex officio member, as are other licensed clergy and Churchwardens, members of the Deanery Synod, plus any member of the Diocesan Synod and General Synod who lives in the parish or is on the Roll. The Incumbent chairs the PCC, which elects a Vice-Chair and appoints a Standing Committee to transact business between meetings.

The purpose of a PCC, which must meet at least four times a year, is to consult together with the Incumbent "on matters of general concern and importance to the parish", and that includes the "whole mission of the Church". Did you know that changes to the forms of service, or the vesture or the minister, can only happen after consultation?

Inevitably, money and building maintenance take up a lot of room on the Agenda, though we all know they are less important than mission. It's a real challenge for every PCC member to pray for non-churchgoing parishioners and to find imaginative ways of introducing them to Christ and His Church.

*If you've got this far and are a member of your PCC – congratulations – you are a hundred years old this year!*

## **The members of St Andrew's PCC are:**

Chairman – Mark Binney; LLM – Elaine Major, John Lynch; Churchwardens – Margaret Thomson, Carolyn Jenkins; Deanery Synod Representative – Gabrielle Falkiner; Treasurer – Carolyn Jenkins; Minute Secretary – Sherraden Murphy; Committee Members – Jane Wiesneski, Ray Edwards, Pippa Henley, Duncan Savory, Robert Funning, Rosemary King, Shirley Lynch, Helen Black, Robin Hillman, Laura Hillman.

## Hinton - Witterings from the Villages ALM

How are you all managing with your personal Lent challenge? Have you decluttered and sorted spaces? Or have you been concentrating on shopping and giving? My personal challenge of being more grateful, I must admit, has been harder than I expected. There are evenings when I'm grumpy and sore and I find it hard to find joy in those times. Other days I feel very blessed with how lovely the day has gone, I guess that's life, isn't it?!

I'm looking forward to returning to church with you all. I'm going to need constant reminding though that we still cannot hug each other, gosh I miss that so much. And the community spirit that comes with tea and cake and catch ups. I know it will come in time but it's been a whole year now and I'm struggling with that.

Returning to church means I can pick up all your Terracycle bits again which is fabulous news. I need just 300g of oral care bits to finish this box as they have minimum parcel weights so I'm excited to grab bundles of stuff. And stamps too, I love sorting through those packets, seeing the different designs and colours.

I was asked what happens to all these things and now seems a good time to explain.

The stamps go to Steve, our stamp man. Standard UK one – e.g. blue second class ones – are sent to a paper pulping factory where they are turned into insulation for houses. Anything special like the monthly themes or overseas ones are sold to collectors so whilst we get paid per kilo weight, sometimes we get bonus payments for particular countries or stamps. It's always nice to get those emails telling us of a special payment!

The oral care bits like toothbrushes or toothpaste tubes aren't recycled by councils as they are known as 'mixed material' items. Councils don't want to take the time to separate plastic from foil from paper etc. Terracycle are willing to do this work and then use the different elements for different projects. The metal is melted and reused, the plastics are chopped up and turned into garden benches and pet food bowls and all sorts of things.

So whilst it feels a bit odd saving these things for me, please know we appreciate every single item.

***The editor asked about stories from lockdown – I blogged throughout the year, not everyday but now and again. Tales of craft projects, baking disasters, gardening triumphs and that kind of thing. The first one can be found at this link and then just click 'next' to keep reading through the year. If you enjoy it then sign up for more of my witterings by email using the grey 'follow' box***

***<https://viewfromthisdesk.wordpress.com/2020/03/18/the-start-of-social-distancing>***

Michelle Young

ALM for Hinton and Sedgeberrow

## More News from Hinton – by Rosemary Cross

Early in March I was able to take 46 items donated by villagers into Caring Hands. Thanks to those who contributed, your help is much appreciated. Another donation will be taken in May and items can be left in the Church porch or the porch at The Old Rectory.

Are you concerned that when you wash items in your machine minute particles of artificial fibres are washed into the drains, and from thence to rivers and the sea? A product on the market called **Guppyfriend** can be used to contain your item(s) during the wash, and the fibres can then be removed from the bag and binned. This is a good way of preventing pollution. Eventually the hope is that our own washing machines will incorporate a filter to catch the fibres.

These days we are urged to conserve and to re-use as much as we can and rightly so. I wonder what ancient items you are using in your homes which continue to give good service year after year. I still use a vegetable rack and a clothes drying rack which belonged to my Grandmother, and are likely to be 80 - 100 years old. Occasionally I see 'my drying rack' displayed in laundries at National Trust properties! I've also got a disreputable old pan which my Mother bought for me from a charity shop when I went to University, and this is still in regular use – very good for roast potatoes. The star of the show is an oven tray which I use several times a week. It is sturdy and flawless and must be at least 60 years old. Originally it was in an old oven belonging to my parents, which they passed on to us when we were first married. The oven is long gone but the enamelled pan lives on! Does anyone else have similar items?

Here in Hinton we have continued to weather the Covid storm and we're thankful to have gardens and countryside surrounding us. It's been noticeable that more people have been walking on the local footpaths. In fact some days it's been positively busy. Unfortunately the amount of litter has increased as well 😞

2 Corinthians at Chapter 4 could have been written for our village during the current pandemic. It says, 'We are troubled on every side, yet not distressed; we are perplexed, but not in despair; cast down, but not destroyed.'

There is a good community spirit here and I think people know that they can always call on their neighbours for help, as in the words of the hymn 'When I needed a neighbour'. I wonder why the kindness and generosity to be found in our village cannot reach into other areas? Some aspects of 'social media' and public life are full of criticism and hatred, threats and slurs. In the Bible we can read in Galatians that 'the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith'. With such a cornucopia of feel-good emotions on offer, it's just unbelievable that people cannot show more self-restraint (the real meaning of longsuffering) towards their fellow human beings.

# St Andrew's CE First School

## *Successful learners Success for life*



Here are two children's accounts of their experience in the last lockdown:

### ***Lincoln's experience of lockdown number three***

My experience in lockdown was really nerve-racking as I didn't know what I was doing. I didn't want to catch the virus, so I didn't put anyone in danger. We had our own table to social distance and keep us safe. When we came back in from any activity, we had to sanitise our hands. We were allowed to play contact sport but had to be very careful. It was hard to understand that we couldn't go near any other bubbles.

Every break and lunchtime, we had to clean the tables, so we could stay as safe as possible. Every Friday we did a video call to see all of our friends, who were home schooling. Every week we had different teachers, so one week we had Mr Callaghan and Miss Jones and the other week we had Mr Johnston and Miss Hurst.

### ***Saffron's experience of lockdown number three***

In school, my experience during lockdown was having different TAs and Teachers, and every Friday morning having a group call with the people at home. It was nice to see all our friends who were home schooling.

When we were in bubbles, we needed to keep two metres apart in year groups. At break, because it was shorter than lunchtime, we invented games as we could not have equipment out. Lunchtimes were longer, so we were able to use the equipment and had to sanitise it before and after.

Being in school during lockdown was very different because there were less people. I was a bit worried about coming to school because we couldn't see all of our classmates, but everything was fine and now everyone is back together.

**Andrea Bailey - Headteacher**

email: [office@st-andrews.worcs.sch.uk](mailto:office@st-andrews.worcs.sch.uk)

[www.st-andrews.worcs.sch.uk](http://www.st-andrews.worcs.sch.uk)

Tel: 01386 41351

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## **Caring Hands – Food Donations – Can you help?**

**Gabrielle Falkiner** has been collecting goods for donations to the Christian Centre. If you would like to donate anything, she will accept delivery of these items at her home and take them to the Centre for distribution to those who need support. During lockdown there has been a huge increase in the number of people being referred to the Centre for help. To find out where to take them, please contact the Parish Office.





# St Andrew's Fellowship – February 2021

## *Hello to all members of the St Andrew's Fellowship*

From my recent ring-around, I am happy to advise you that most members responded - all have survived to one degree or another, and most are really positive about the prospect of resuming our meetings at some time in the future. It is still too early to start contemplating dates, but I feel that the light at the end of the tunnel is definitely getting a little larger week by week!

As I mentioned to those of you that I managed to speak to, I plan to re-engage at our first meetings with meals out. The hospitality sector of the economy has been especially badly hit, so I am proposing to support our local providers of hospitality at the same time as giving us the opportunity to catch up with, and renew our love for, each other.

Shirley and I had our second vaccinations yesterday - no problems so far! But we have been instructed to continue shielding until March 31st - but we will continue to be really careful even after that.

We, in the Fellowship, have all been extremely fortunate, I think, because the virus has definitely been around Evesham, and it must be a tribute to all of you that the precautions you have taken have been so effective. Thank you to all of you.

It has been wonderful to be able to be a little more optimistic this time - if we all keep up the good work, we may be able to be even a little more optimistic next month - so keep watching this space!!

And do remember that we are at the end of the telephone line to talk - even if we cannot be of any physical assistance at the moment. (01386 553392).

We continue to pray and to think of all of you, and to long for the time we can all be together again.

Do take care of yourselves, and of those around you.

With best wishes to you all

**Shirley and John Lynch** (01386 553392)

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## From the Registers – February 2020

Funerals		
8 February	Sylvia Brotherton	The Vale
9 February	Kathleen Loudon	The Vale
12 February	June Green	The Vale
20 February	Maria Kesterton (Burial of Ashes)	The Vale

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## Recipe of the month: ANZAC Biscuits

*On 25 April 1915, the Australian and New Zealand Army Corps (ANZAC) set out to capture the Gallipoli peninsula in Ottoman Turkey. The plan was to open the Dardanelles for the allied navies. It soon became the day on which Australians and New Zealanders remember the sacrifice of those who had died in the war. A year later, on 25 April 1916, King George V and Queen Mary attended the first commemorative service in Westminster Abbey and it has been held there ever since.*



*This month's recipe is for the traditional ANZAC biscuits which are thought to date back to the Ottoman Turkey war when mothers made them for their boys heading for the front line. This recipe was found on the Royal British Legion website in 2014.*

### Ingredients

- 4 oz plain flour
- 4 oz light brown sugar
- 4 oz desiccated coconut
- 5 oz rolled oats
- 4 oz butter
- 2 tablespoons golden syrup
- ½ teaspoon bicarbonate of soda
- 2 tablespoons boiling water

### Method

Mix the flour, sugar, coconut and oats together in a large mixing bowl.

Melt together the butter and syrup.

Dissolve the bicarbonate of soda in the boiling water and add to the butter and syrup.

Add butter and syrup to the flour mixture.

Place teaspoon-sized mounds of the mixture on a greased baking tray large enough to hold 12.

Give each mound room to expand.

Bake at 180C, 160C Fan, Gas Mark 4 for 15 - 20 minutes, transfer to a cooling rack as soon as cooked.

## Sudoku - Easy

	5	7		8	9	2	1	
3			7			9		6
	4	9	2					
	6		1				3	
	1						8	
	9				3		5	
					1	8	2	
9		1			4			5
	3	4	5	6		7	9	

## Sudoku - Medium

				5	7		3	
3			2					
	8	5						
1				6	2	3		7
		3				5		
6		7	5	3				4
						7	4	
					8			3
	4		6	1				

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Solutions on page 9

## Hampton WI – March 2021



Due to the Coronavirus, we have not been meeting since February 2020. At this moment, it looks as if we may be able to meet up in June. Our meeting date would be 10 June.

When we resume again, if you would like to join us at one of our meetings, do come along. We are always pleased to see visitors and you will be made very welcome. We meet in Hampton Guide and Scout Community Hall on the second Thursday of the month at 7.30pm. For further information, please contact, Joyce Davey on 01386 443755.

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## Hampton Community

Coronavirus  
Self-Isolation

Hampton Helpline  
07870 386328



If you are self-isolating and need help, please ring this number to contact a team of volunteers who are willing to help

## Louise Stuart Needlecraft



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**Dress Making**  
**&**  
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## Services for May 2021 (TBC)

**2 May – Fifth Sunday of Easter**

	8am	Holy Communion	Hampton
	9am	Holy Communion	Sedgeberrow
	9.30am	Morning Praise	Hampton
	<b>11.00am</b>	<b>Community Service</b>	<b>Zoom *</b>
Acts 8: 26-end; 1 John 4: 7-end; John 15: 1-8			
Wednesday 5	10am	Holy Communion	Hampton

\* For information on services on Zoom, please see page 2



**For up to date information on Church services, please see the church website [hamptonchurch.org.uk](http://hamptonchurch.org.uk)**

<b>1 April – Maundy Thursday</b>				
		7pm	Group Eucharist	<b>All Saints</b>
<b>2 April – Good Friday</b>				
No <b>Procession of Witness</b> this year				
		2pm	Good Friday Service	Hampton
		2pm	Good Friday Service	Sedgeberrow
<b>3 April – Easter Eve</b>				
		4pm	Easter All Age Service	Hampton
<b>4 April – Easter Sunday</b>				
		8am	Holy Communion	Hampton
		9am	Holy Communion	Sedgeberrow
		9.30am	Parish Eucharist	Hampton
		<b>11.00am</b>	<b>Community Service</b>	<b>Zoom *</b>
Acts 10: 34-43; 1 Corinthians 15: 1-11; John 20. 1-18 or Mark 16. 1-8				
Wednesday 7		10am	Holy Communion	Hampton
<b>11 April – Second Sunday of Easter</b>				
		8am	Holy Communion	Hampton
		9.30am	Parish Eucharist	Hampton
		11am	Morning Praise	Sedgeberrow
		<b>11.00am</b>	<b>Community Service</b>	<b>Zoom*</b>
		11.00am	Holy Communion	Hinton
Acts 4: 32-35; 1 John 1: 1-22; John 20: 19-end				
Wednesday 14		10am	Holy Communion	Hampton
<b>18 April – Third Sunday of Easter</b>				
		8am	Holy Communion	Hampton
		9.00am	Holy Communion	Sedgeberrow
		9.30am	Morning Praise	Hampton
		<b>11.00am</b>	<b>Community Service</b>	<b>Zoom*</b>
		3pm	Holy Baptism	Hampton
Acts 3: 12-19; 1 John 3: 1-7; Luke 24: 36b-48				
Wednesday 21		10am	Holy Communion	Hampton
<b>25 April – Fourth Sunday of Easter</b>				
		8am	Holy Communion	Hampton
		9.30am	Parish Eucharist	Hampton
		11am	Morning Praise	Sedgeberrow
		<b>11.00am</b>	<b>Community Service</b>	<b>Zoom*</b>
Acts 4: 5-12; 1 John 3: 16-end; John 10: 11-1				
Wednesday 28		10am	Holy Communion	Hampton

**\* For information on services on Zoom, please see page 2**

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